



Activity Info: Tomahawk Throwing

PLEASE NOTE: This activity is only available to groups who can provide a suitable qualified instructor to lead the session.

The following guidelines must be followed to be able to undertake this activity.

Participants (adults and young people) should arrive appropriately dressed for the activity. This means:

- Any long hair tied back
- "flappy" or "dangly" parts of clothing tucked away
- No open toed footwear
- Jewellery worn around the neck and rings should be removed prior to participation

Participants should be given a safety briefing at the start of the session. This should include the following points:

- The activity requires repeated motion of the arms and shoulders. Any participants with existing arm/shoulder injuries should make the supervising leader aware if they experience any discomfort during the session
- The Range Officer's commands should be listened to and followed at all times
- The equipment for this activity has been specifically designed and manufactured for this purpose - it is therefore not appropriate to use **any** kind of axe for this type of activity

To prevent further spread of COVID-19, the following measures are in place while undertaking this activity:

- All participants are to sanitise their hands before handling the tools, and when they have finished throwing.
- Active participants are to remain in their lane (lanes are clearly marked) for the duration of their turn, unless instructed otherwise by the range officer.
- Group Leaders are to ensure that participants awaiting their turn are observing social distancing while in the waiting area.
- Only a single group leader to come to reception to collection equipment
- Face coverings to be worn while interacting with members of the Drum Hill Site Staff.

IMPORTANT NOTE: The throwing of knives is specifically prohibited by The Scout Association

Due to the nature of the activity, group leaders need to consider the age, ability and maturity of the participants when deciding whether a participant may take part.

Medical / First Aid cover is the responsibility of the group leader supervising the activity. All medical / first aid related incident must, however, be reported to the Drum Hill Site Services, in particular if the casualty requires the services of a medical professional.

It is also the responsibility of the group leader supervising the activity, to ensure that the group is appropriately managed and that all necessary risk assessments have been completed.